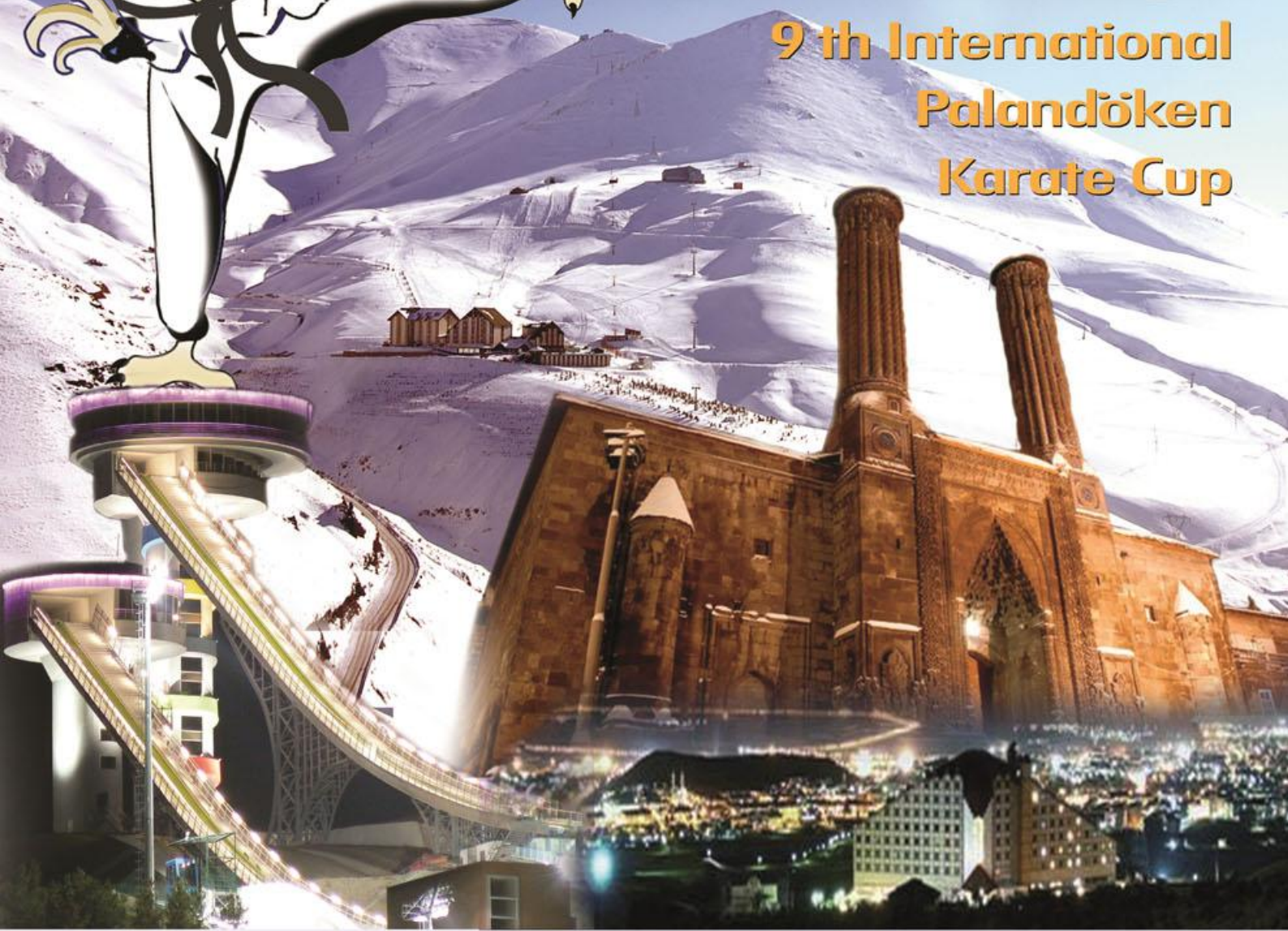


# 9. ULUSLARARASI PALANDÖKEN KARATE KUPASI

Erzurum - TÜRKİYE



9 th International  
Palandöken  
Karate Cup



## ÖDÜLLER AWARDS



Genel Klasman  
general classification

1nci 1000 \$  
2nci 600 \$  
3ncü 300 \$

31 MAYIS - 01 HAZİRAN 2012  
31 MAY - 01 JUNE 2012

YENİ ERZURUM SPOR SALONU (STADYUM YANI)

Girişler Ücretsizdir

[www.gsb.gov.tr](http://www.gsb.gov.tr)



ERZURUM  
GENÇLİK HİZMETLERİ VE  
SPOR İL MÜDÜRLÜĞÜ

Güçlü yarınlar için

**SPORTOTO**  
TEBİKLAT BAŞKANLIĞI



Karadayı

Kihon Spor

ELİTSPOR

CAYKUR





# 9th International Palandoken Karate Tournament



Date \_\_\_\_\_;

31 May - 1 June 2012

Stadium \_\_\_\_\_;

Cemal Gürsel Sport Hall - Yakutiye Erzurum



Categories \_\_\_\_\_;

Individual Children Male and Female Kata and Kumite  
Children Team Kata and Kumite

Rules \_\_\_\_\_;

WKF Rules

Registrations \_\_\_\_\_;

[turkishkarate@gmail.com](mailto:turkishkarate@gmail.com)

Registration forms must be sent to the

[organization@karate.gov.tr](mailto:organization@karate.gov.tr)

Protective Equipmet \_\_\_\_\_;

All equipments must be WKF Approved.  
Gumshields, Handgloves, Foot and Shin Protector is compulsory in WKF Competitions.

Insurance \_\_\_\_\_;

All participants must arrange their own insurance  
in the time period of the event.

## **Inquiries and Correspondence (Hotels Booking & Visa Request):**

Mr. Ercument TASDEMİR

TEL: +90 533 632 18 52

E.MAIL: [turkishkarate@gmail.com](mailto:turkishkarate@gmail.com)

## **Organization : Erzurum Youth Sport Club**

**Mr. Resul CELEBI**

Organising Committee Chairman

Tel: +90 532 693 33 68

E.Mail: [organization@karate.gov.tr](mailto:organization@karate.gov.tr)



# 9th International Palandoken Karate Tournament



Transfer; Transfer from the Airport - Hotel- Stadium-Airport free of charge.



## Where is Erzurum?

Erzurum is the city with the highest altitude in Turkey with the plateau on which it is located, the mountain range that surrounds it and its hill stations. The provinces of Artvin and Rize are on the North of Erzurum, Bayburt, and Erzincan are to the west, Bingöl and Muş on to the south and Ağrı and Kars are on the east of Erzurum which is located within the Eastern Anatolia Region. The city spreads over a large area at the foot of the Ereğli Mountain which is part of the Palandoken Mountain range taht is on te southeast of the plain that is located in the higher basin of Karasu which gives its name to the plain and which is the begining of the river Fırat.





# 9th International Palandoken Karate Tournament



## Weather

The climate is distinctly continental, with very long very cold winters and correspondingly short very hot summers. According to the results of the observations since 1929, the average annual temperature is 5.9 (°C). The average annual temperature in coldest month is –8.7 (°C). The average annual temperature in warmest month is 19.6 (°C). The lowest temperature were measured as –37.2 (°C) and the highest temperature degrees were measured as 36.5 (°C) in the province



# 9th International Palandoken Karate Tournament



Maximum and Minimum Temperature (1975 – 2008)

ERZURUM	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average Temp.(°C)	-9.6	-8.6	-2.9	5.4	10.3	14.8	19.3	19.3	14.3	7.5	0.2	-6.4
Average Max Temp.(°C)	-4.1	-2.7	2.5	11.5	16.8	21.9	26.9	27.6	23.1	15.3	6.5	-1.3
Average Min Temp. (°C)	-15	-14.1	-8.0	-0.2	3.6	6.6	10.4	10.1	5.2	0.7	-5.1	-11.3

## Medical

### Health

Erzurum acts as the center of Eastern Anatolia Region with regards medical services. In the city, there are 20 inpatient hospitals, one Education/Research Hospital, 17 State Hospitals, 1 University Hospital and 1 private hospital with a total bed capacity of 3.109. There is one hospital bed per 389 people. There are 279 specialists, 383 general practitioners, 832 nurses and 521 midwives in Erzurum

### Hospital

Erzurum Region Education and Research(\*) Tel : +90 442 342 59 61

Atatürk University Research Hospital Tel : +90 442 316 63 33

Erzurum Thoracic Diseases Hospital Tel : +90 442 315 85 69

## Accommodation ;

**"Hostel with 20 € per person full board accommodation"**





# 9th International Palandoken Karate Tournament



Headquarter Hotel ; Kule Hotel



Plus ;

Hotel Name	Single Room BB Per Person	Double Room BB Per Person
5 Star Hotel	75 €	60 €
4 Star Hotel	60 €	45 €
3 Star Hotel	45 €	35 €
Hostel	Fullboard	20 €

Entry Fee ;

- Individual Entries per category 20 €
- Team Entries per team 40 €

Referee's ; All referee's accommodation will be covered by the organisation in the Headquarter Hotel "Kule Hotel"





# 9th International Palandoken Karate Tournament



## CATEGORIES

### Individual Kata

Category	Ages	Code
Male Kata	2005-2004	A1
Male Kata	2003-2002	A2
Male Kata	2001-2000	A3
Male Kata	1999-1998	A4
Male Kata	1997-1996	A5
Female Kata	2005-2004	B1
Female Kata	2003-2002	B2
Female Kata	2001-2000	B3
Female Kata	1999-1998	B4
Female Kata	1997-1996	B5

### Team Categories

Category	Ages	Section	Number of Athletes	Code
1st Group Children Male	2004-2003-2002	Kata	3	C1
1st Group Children Male	2004-2003-2002	Kumite	3+1	C2
2nd Group Children Male	2001-2000-1999	Kata	3	C3
2nd Group Children Male	2001-2000-1999	Kumite	3+1	C4
Cadets Male	1998-1997-1996	Kata	3	C5
Cadets Male	1998-1997-1996	Kumite	3+1	C6
1st Group Children Female	2004-2003-2002	Kata	3	D1
1st Group Children Female	2004-2003-2002	Kumite	3+1	D2
2nd Group Children Female	2001-2000-1999	Kata	3	D3
2nd Group Children Female	2001-2000-1999	Kumite	3+1	D4
Cadets Female	1998-1997-1996	Kata	3	D5
Cadets Female	1998-1997-1996	Kumite	3+1	D6



# 9th International Palandoken Karate Tournament



## Individual Kumite

Category	Kg.	Code	Category	Kg.	Code
2003-2002 Birth Male Kumite	25	E1	2003-2002 Birth Female Kumite	20	F1
	30	E2		25	F2
	35	E3		30	F3
	40	E4		35	F4
	+40	E5		+35	F5
Category	Kg.	Code	Category	Kg.	Code
2001-2000 Birth Male Kumite	30	G1	2001-2000 Birth Female Kumite	25	H1
	35	G2		30	H2
	40	G3		35	H3
	45	G4		40	H4
	+45	G5		+40	H5
Category	Kg.	Code	Category	Kg.	Code
1999-1998 Birth Male Kumite	35	I1	1999-1998 Birth Female Kumite	30	J1
	40	I2		35	J2
	45	I3		40	J3
	50	I4		45	J4
	+50	I5		+45	J5
Category	Kg.	Code	Category	Kg.	Code
1997-1996 Birth Male Kumite	52	K1	1997-1996 Birth Female Kumite	47	M1
	57	K2		54	M2
	63	K3		+54	M3
	70	K4			
	+70	K5			





# 9th International Palandoken Karate Tournament



## PROGRAMME

<b>30 May 2012 Wednesday</b>	09:00 – 12:00	Registration (Kule Hotel)
	12:00 – 13:00	Drawing (Kule Hotel)
	13:00 – 18:00	Seminar (Cemal Gürsel SH)
	13:00 – 15:30	<i>Mr.Kakha Basilia 8. Dan (Georgia)</i> <i>Mr.Hayrettin Hamurcu 6.Dan (Turkey)</i> <b>KIHON-KATA</b>
	16:00 – 18:00	<i>Mr.Ali Riza Suleymani (Iran Technical Director)</i> <i>Mr.İbrahim Ercin (Turkey Technical Director)</i> <b>KUMITE</b>
	18:00 – 19:30	Referee Briefing (Kule Hotel)
<b>31 May 2012 Thursday</b>	08:00 – 08:30	Weight Control
	08:30 - 12:30	All Categories Kata Eliminations
	12:30 – 13:30	Lunch Break
	13:30 – 19:30	All Categories Kumite Eliminations
	19:30 - 20:30	All Finals
<b>1 June 2012 Saturday</b>	08:00 – 08:30	Referee Briefing
	08:30 - 12:30	Team Kata and Team Kumite Eliminations
	12:30 – 13:30	Lunch Break
	14:00 – 18:00	Team Kumite Eliminations
	18:00 – 19:30	All Finals



# 9th International Palandoken Karate Tournament



INDIVIDUAL REGISTRATION FORM			
No	Name / Surname	Passport Number	Code
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			

Stamp/Signature





# 9th International Palandoken Karate Tournament



## TEAM REGISTRATION FORM

Team Name :		
Athlete's Name		Code
1.		
2.		
3.		
4.		

Team Name :		
Athlete's Name		Code
1.		
2.		
3.		
4.		

Team Name :		
Athlete's Name		Code
1.		
2.		
3.		
4.		

Team Name :		
Athlete's Name		Code
1.		
2.		
3.		
4.		

Stamp/Signature